

# October

## Brunswick Senior Center

12 East "A" Street  
Cathy Barnes, Coordinator

Brunswick, MD 21716

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 11:00 Triple Four Cards Wii Bowling 	<b>49:00 Strength Training</b> <b>CENTER CLOSED</b> <b>5:30 Card Party</b>	<b>5</b> 10:00-2:00 Trip to the ELDER EXPO held at the Frederick Fair Grounds	<b>69:00 Strength Training</b> <i>Celebrating October Birthdays</i> 11:00 Crochet Group	<b>7</b> 11:00 – 3:30 <b>Wal-Mart Shopping Trip &amp; lunch out</b>
<b>10</b> CENTER CLOSED COUNTY HOLIDAY	<b>119:00 Strength Training</b> <b>CENTER CLOSED</b>	<b>12</b> 11:00 - Ask Nurse Steve~"Forgetfulness" 1:00 "Regular" Bingo	<b>139:00 Strength Training</b> 11:00 Crochet Group 1:00 Frederick County Sheriffs Department Program	<b>14</b> 10:30 am Popcorn & a Movie 1:00 Grocery shopping
<b>17</b> 11:00 Triple Four Cards 11:45-Nutrition Minute "Pumpkins"	<b>189:00 Strength Training</b> <b>CENTER CLOSED</b> <b>5:30 Card Party</b>	<b>19</b> 1:00 "Orange" Bingo	<b>209:00 Strength Training</b> 11:00 Crochet Group <b>Game Day</b> <i>Board games, card games &amp; bean bag toss</i>	<b>21</b> 1:00 Grocery shopping  <i>Don't forget to Wii~get your scores in each week to Cathy</i>
<b>24</b> 11:00 Triple Four Cards Wii Bowling	<b>259:00 Strength Training</b> <b>CENTER CLOSED</b>	<b>26</b> 1:00 "Treats" Bingo	<b>279:00 Strength Training</b> 11:00 Crochet Group	<b>28</b> <b>11:00 – 2:00 FALL PICNIC at the Brunswick City Park</b>
<b>31</b> 11:00 Triple Four Cards Wii Bowling	<b>Saturday October 15</b> <i>Brunswick Community PICNIC held at the Brunswick City Park. Reservations no later than October 3.</i>	<b>Fall Fun~Friendly Wii Competition from October 1 until December 31</b>	<b>Octoberfest at the Park Friday October 28.</b> 11:00 Accordion music by Lloyd & Walt 12:00 Picnic lunch 1:00 BINGO 	

*Brunswick Senior Center*  
"Where everyone is someone"